

ABIN6963149

# Sandwich ELISA Kit for Follistatin

Rat

96 tests

For research use only

Not for use in clinical diagnostic procedures

Version Aug 2024

## Intended use

The kit is a sandwich enzyme immunoassay technique for the in vitro quantitative measurement in various sample types.

## Reagents and materials provided

- Pre-coated, ready to use 96-well strip plate, flat bottom
- Plate sealer for 96 wells
- Reference Standard
- Reference Standard & Sample Diluent
- Biotinylated Detection Antibody (100 x concentrate)
- HRP Conjugate (100 x concentrate)
- Biotinylated Detection Antibody Diluent
- HRP Conjugate Diluent
- Substrate Reagent
- Stop Solution
- Wash Buffer (25 x concentrate)
- Instruction manual

## Materials required but not supplied

1. Microplate reader with  $450 \pm 10\text{nm}$  filter.
2. Precision single or multi-channel pipettes and disposable tips.
3. Microcentrifuge tubes for diluting samples.
4. Deionized or distilled water.
5. Absorbent paper for blotting the microtiter plate.
6. Container for Wash Solution
7. Incubator capable of maintaining  $37\text{ }^{\circ}\text{C}$ .

## Storage of the kit

1. For unopened kit: All reagents should be stored according to the labels on the vials, so they are stable up to 12 months after receipt of the kit. The Reference Standard, Biotinylated Detection Antibody, HRP Conjugate and the 96-well stripe plate should be stored at -20 °C upon receipt while the other reagents should be stored at 4 °C.
2. For used kit: When the kit is used, the remaining reagents need to be stored according to the above storage condition. Besides, please return the unused wells to the foil pouch containing the desiccant pack, and zip-seal the foil pouch.

### Note:

It is strongly recommended to use the remaining reagents within 1 month, if this is done before the expiry date of the kit. Please refer to the label on the kit packaging for the expiration date of the kit. All components are stable until the expiration date.

## Sample collection and storage

| Sample type              | Collection procedure                                                                                                                                                                                                                                                                                                                      |
|--------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Cell Culture Supernatant | Centrifuge samples for 20 min at 1000×g at 2-8 °C. Collect the supernatant and assay immediately or store samples in aliquot at -20°C or -80°C for later use. Avoid repeated freeze/thaw cycles                                                                                                                                           |
| Plasma                   | Collect plasma using EDTA or heparin as an anticoagulant. Centrifuge samples for 15 min at 1000×g at 2-8°C within 30 min of collection. Collect the supernatant and assay immediately or store samples in aliquot at -20°C or -80°C for later use. Avoid repeated freeze/thaw cycles. Hemolysed samples are not suitable for ELISA assay! |
| Serum                    | Use a serum separator tube and allow samples to clot for 2 hours at room temperature or overnight at 4°C before centrifugation for 20 min at 1000×g. Collect the supernatant and assay freshly prepared serum immediately or store samples in aliquot at -20°C or -80°C for later use. Avoid repeated freeze/thaw cycles.                 |

### Note:

1. Samples to be used within 5 days may be stored at 4 °C, otherwise samples must be stored at -20 °C (≤ 1 month) or -80 °C (≤ 2 months) to avoid loss of bioactivity and contamination.
2. Sample hemolysis will influence the result, so hemolytic specimen should not be used.
3. When performing the assay, bring samples to room temperature.

## Reagent preparation

1. Bring all reagents to room temperature (18~25 °C) before use. Follow the Microplate reader manual for set-up and preheat it for 15 min before OD measurement.
2. Wash Buffer: Dilute 30 mL of Concentrated Wash Buffer with 720 mL of deionized or distilled water to prepare 750 mL of Wash Buffer. Note: if crystals have formed in the concentrate, warm it in a 40 °C water bath and mix it gently until the crystals have completely dissolved
3. Standard working solution: Centrifuge the standard at 10,000xg for 1 min. Add 1.0 mL of Reference Standard & Sample Diluent, let it stand for 10 min and invert it gently several times. After it dissolves fully, mix it thoroughly with a pipette. This reconstitution produces a working solution of 10 ng/mL. Then make serial dilutions as needed. The recommended dilution gradient is as follows: 10, 5, 2.5, 1.25, 0.63, 0.32, 0.16, 0 ng/mL. Dilution method: Take 7 EP tubes, add 500 µL of Reference Standard & Sample Diluent to each tube. Pipette 500 µL of the 10 ng/mL working solution to the first tube and mix up to produce a 5 ng/mL working solution. Pipette 500 µL of the solution from the former tube into the latter one according to these steps. The illustration below is for reference. Note: the last tube is regarded as a blank. Don't pipette solution into it from the former tube.
4. Biotinylated Detection Antibody working solution: Calculate the required amount before the experiment (100 µL/well). In preparation, slightly more than calculated should be prepared. Centrifuge the stock tube before use, dilute the 100x Concentrated Biotinylated Detection Antibody to 1x working solution with Biotinylated Detection Antibody Diluent.
5. Concentrated HRP Conjugate working solution: Calculate the required amount before the experiment (100 µL/well). In preparation, slightly more than calculated should be prepared. Dilute the 100x Concentrated HRP Conjugate to 1x working solution with Concentrated HRP Conjugate Diluent.

## Sample preparation

- It is recommended to use fresh samples without long storage, otherwise protein degradation and denaturation may occur in these samples, leading to false results. Samples should therefore be stored for a short period at 2 - 8 °C or aliquoted at -20 °C ( $\leq 1$  month) or -80 °C ( $\leq 3$  months). Repeated freeze-thaw cycles should be avoided. Prior to assay, the frozen samples should be slowly thawed and centrifuged to remove precipitates.
- If the sample type is not specified in the instructions, a preliminary test is necessary to determine compatibility with the kit.

- If a lysis buffer is used to prepare tissue homogenates or cell culture supernatant, there is a possibility of causing a deviation due to the introduced chemical substance. The recommended dilution factor is for reference only.
- Please estimate the concentration of the samples before performing the test. If the values are not in the range of the standard curve, the optimal sample dilution for the particular experiment has to be determined.

## Assay procedure

1. Determine wells for diluted standard, blank and sample. Add 100 µL each dilution of standard, blank and sample into the appropriate wells (It is recommended that all samples and standards be assayed in duplicate). Cover the plate with the sealer provided in the kit. Incubate for 90 min at 37 °C. Note: solutions should be added to the bottom of the micro ELISA plate well, avoid touching the inside wall and causing foaming as much as possible.
2. Decant the liquid from each well, do not wash. Immediately add 100 µL of Biotinylated Detection Antibody Working Solution to each well. Cover the plate with a new sealer. Incubate for 1 hour at 37 °C.
3. Decant the solution from each well, add 350 µL of Wash Buffer to each well. Soak for 1-2 min and aspirate or decant the solution from each well and pat it dry against clean absorbent paper. Repeat this wash step 3 times. Note: a microplate washer can be used in this step and other wash steps. Make the tested strips in use immediately after the wash step. Do not allow wells to be dry.
4. Add 100 µL of HRP Conjugate Working Solution to each well. Cover the plate with a new sealer. Incubate for 30 min at 37 °C.
5. Decant the solution from each well, repeat the wash process for 5 times as conducted in step 3.
6. Add 90 µL of Substrate Reagent to each well. Cover the plate with a new sealer. Incubate for about 15 min at 37 °C. Protect the plate from light. Note: the reaction time can be shortened or extended according to the actual color change, but not more than 30min. Preheat the Microplate Reader for about 15 min before OD measurement.
7. Add 50 µL of Stop Solution to each well. Note: adding the stop solution should be done in the same order as the Substrate Solution.
8. Determine the optical density (OD value) of each well at once with a micro-plate reader set to 450 nm.

## Test principle

This ELISA kit uses the Sandwich-ELISA principle.

The micro ELISA plate provided in this kit has been pre-coated with an antibody specific to the target.

Samples (or Standards) and biotinylated detection antibody specific for the target are added to the micro ELISA plate wells.

The target would combine with the specific antibody. Then Avidin-Horseradish Peroxidase (HRP) conjugate are added successively to each micro plate well and incubated.

Free components are washed away. The substrate solution is added to each well.

Only those wells that contain the target, biotinylated detection antibody and Avidin-HRP conjugate will appear blue in color.

The enzyme-substrate reaction is terminated by the addition of stop solution and the color turns yellow.

The optical density (OD) is measured spectrophotometrically at a wavelength of  $450 \pm 2$  nm.

The OD value is proportional to the concentration of the target in the samples by comparing the OD of the samples to the standard curve.

## Calculation of results

Average the duplicate readings for each standard and samples, then subtract the average zero standard optical density.

Plot a four-parameter logistic curve on log-log graph paper, with standard concentration on the x-axis and OD values on the y-axis.

If the samples have been diluted, the concentration calculated from the standard curve must be multiplied by the dilution factor.

If the OD of the sample surpasses the upper limit of the standard curve, you should re-test it with an appropriate dilution.

The actual concentration is the calculated concentration multiplied by the dilution factor.

## Typical data

In order to make the calculation easier, we plot the O.D. value of the standard (X-axis) against the log of concentration of the standard (Y-axis), although concentration is the independent variable and O.D. value is the dependent variable. The O.D. values of the standard curve may vary according to the conditions of assay performance (e.g. operator, pipetting technique, washing technique or temperature effects).

## Detection range

The detection range of the kit is 0.16 ng/mL - 10 ng/mL

The standard curve concentrations used for the ELISA's were 10 ng/mL, 5 ng/mL, 2.5 ng/mL, 1.25 ng/mL, 0.63 ng/mL, 0.32 ng/mL, 0.16 ng/mL, 0 ng/mL

## Sensitivity

The minimum detectable dose of FST is typically less than 0.1 ng/mL.

The sensitivity of this assay, or Lower Limit of Detection (LLD) was defined as the lowest protein concentration that could be differentiated from zero.

It was determined by adding two standard deviations to the mean optical density value of twenty zero standard replicates and calculating the corresponding concentration.

### Note:

Limited by current skills and knowledge, it is impossible for us to complete the cross-reactivity detection between FST and all the analogues, therefore, cross reaction may still exist.

## Precision

Intra-assay Precision (Precision within an assay): 3 samples with low, mid range and high level Rat FST were tested 20 times on one plate, respectively.

Inter-assay Precision (Precision between assays): 3 samples with low, mid range and high level Rat FST were tested on 3 different plates, 20 replicates in each plate.

Both intra-CV and inter-CV are < 10 %.

## Stability

The stability of ELISA kit is determined by the loss rate of activity. The loss rate of this kit is less than 5 % prior to the expiration date under appropriate storage condition. To minimize extra influence on the performance, operation procedures and lab conditions, especially room temperature, air humidity, incubator temperature should be strictly monitored. It is also strongly suggested that the assay is performed by the same operator from the beginning to the end.

## Assay procedure summary

1. Add 100 µL standard or sample to each well. Incubate for 90 min at 37 °C.
2. Remove the liquid. Add 100 µL Biotinylated Detection Antibody. Incubate for 1 hour at 37 °C.

3. Aspirate and wash 3 times.
4. Add 100  $\mu$ L HRP Conjugate. Incubate for 30 min at 37 °C.
5. Aspirate and wash 5 times.
6. Add 90  $\mu$ L Substrate Reagent. Incubate for 15 min at 37 °C.
7. Add 50  $\mu$ L Stop Solution. Read at 450 nm immediately.
8. Calculation of results.

## Important note

1. The kit is designed for research use only, we will not be responsible for any issue if the kit was used in clinical diagnostic or any other procedures.
2. Limited by the current conditions and scientific technology, we cannot perform a complete identification and analysis of the raw material used. Therefore, the use of the kit may be associated with some qualitative and technical risks.
3. We are only responsible for the kit itself, not for the samples used in the test. The possible amount of sample used in the whole test should be calculated in advance and sufficient sample material should be provided.
4. Each kit undergoes a very strict QC testing. Nevertheless, end-user results may differ from our internal results due to unexpected transport conditions or different laboratory equipment. Intra-assay deviations between kits from different lots can also be related to this.
5. The test results depend on the validity of the products, so the kit should be used before the expiration date and stored according to the instructions.
6. Even the same user may obtain different results in two separate experiments. To obtain reproducible results, each step of the assay should be controlled.
7. The standard of the kit and immunogen used for antibody preparation are commonly recombinant proteins, as different fragments, expression systems, purification methods might be used in recombinant protein preparation, we can not guarantee the kit could detect recombinant protein from other companies. So, it is not recommended to use the kit for the detection of recombinant protein.
8. Do not mix or substitute reagents from one kit lot to another. Use only the reagents supplied by the manufacturer.
9. Protect all reagents from strong light during storage and incubation. All reagent bottle caps should be tightly closed to prevent evaporation and contamination with microorganisms. The TMB substrate should remain colourless until it reacts with the enzyme.

10. A freshly opened ELISA plate may show a water-like substance, which is normal and does not affect the test results. Return unused wells to the foil pouch and store as before.
11. Mistakes in reagent preparation and application, as well as incorrect parameter setting for the plate reader, can lead to incorrect results. A microplate reader with a bandwidth of 10nm or less and an optical density range of 0-3 O.D. at a wavelength of  $450 \pm 10$  nm is suitable for absorbance measurement. Please read the instructions carefully and set up the instrument before the experiment.
12. Do not reuse the reconstituted standard and the prepared working solutions. The unused stock solutions should be stored according to the storage conditions.

## Precaution

The Stop Solution suggested for use with this kit is an acid solution. Wear eye, hand, face, and clothing protection when using this material.

## Troubleshooting

| Problem             | Possible Source                             | Corrective Action                                       |
|---------------------|---------------------------------------------|---------------------------------------------------------|
| Poor Standard Curve | Improper standard curve preparation         | Ensure accurate operation of the dilution               |
|                     | Incomplete washing and aspiration           | Adequate washing and adequate aspiration                |
|                     | Inaccurate Pipetting                        | Check and Calibrate pipettes                            |
| Poor Precision      | Incomplete washing of wells                 | Ensure sufficient washing                               |
|                     | Inadequate mixing and aspiration reagents   | Adequate aspiration and mixing reagents                 |
|                     | Reused pipette tips, containers and sealers | Change and use new pipette tips, containers and sealers |
|                     | Inaccurate Pipetting                        | Check and Calibrate pipettes                            |
| Low O.D Values      | Inadequate reagent volumes added to wells   | Calibrate pipettes and add adequate reagents            |
|                     | Incorrect incubation times                  | Ensure sufficient incubation times                      |
|                     | Incorrect incubation                        | Reagents balanced to room                               |

| Problem       | Possible Source                            | Corrective Action                                             |
|---------------|--------------------------------------------|---------------------------------------------------------------|
|               | temperature                                | temperature                                                   |
|               | Conjugate or substrate reagent failure     | Mix conjugate and substrate, color should develop immediately |
|               | No stop solution added                     | Follow the assay protocol in the kit manual                   |
|               | Read beyond suggested reading time         | Read within the time recommended in the manual                |
| Sample Values | Improper Sample Storage                    | Store the sample properly and use the fresh sample            |
|               | Improper sample collection and preparation | Take proper sample collection and preparation method          |
|               | Low quantity of analyte in samples         | Resample and repeat assay                                     |

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